



# The Dove

Grief has no time line

Newsletter of the Ridge Meadows Hospice Society

January 2013

## Happy New Year!

We hope everyone had a very Merry Christmas and we wish you all the best in the New Year! The new year will bring some changes to our hospice society. We are sad to say good-bye to our Executive Director, Laura but wish her well in her new position as the Executive Director of the Ridge Meadows Hospital Foundation. We welcome Mark Vosper as our new Executive Director.

## Our new Executive Director



Hello my name is Mark Vosper. I am the new Executive Director for RM Hospice Society, and I would like to share a bit about myself.

My working career began with the military in the UK.

Several years later, having left the Army after serving in Germany, I moved back to England. I started a new career in local government. I enjoyed 12 years working within the customer service, and Environmental Health & Housing departments. Finally leaving my position as Principal Officer in

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## Good-bye from Laura

January 4 was a bittersweet day for me. It was my last day as the Executive Director for the Ridge Meadows Hospice Society. Seven years have gone by so quickly; I am going to miss everyone. From the clients I was so blessed to support, the wonderful volunteers who give so much to the community, and to my most dedicated staff.

However, there is a new chapter in my life and page one starts Monday, January 7 as I begin my new adventures as the Executive Director for the Ridge Meadows Hospital Foundation. I am so blessed and honoured to be filling those shoes! I am looking forward to supporting the community in my new role.

Please welcome Mark Vosper as the new Executive Director of the RM Hospice Society.

*Laura Cherrille*

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## New Visiting Volunteers

The next training for new volunteers will begin at the end of February. The training involves 30 hours of classroom work and then about 10 hours of training at McKenney Creek Hospice Residence. If you are interested in taking the training please call the office.

## Bereavement Support Groups

- Eight-week, **Bereavement Support Group**.  
This group is facilitated by two of our volunteers.
- **Time to Heal** bi-weekly bereavement group will be starting again soon.
- The **Walking Group** will resume when the weather warms.



All groups are offered free of charge, but registration is required. For more information please call: 604.463.7722.



## Our new Executive Director

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March 2008 to emigrate to Canada.

Shortly after arriving, I applied to the BC SPCA and was appointed Manager at the Vancouver branch. A challenging but very rewarding position managing staff, a large volunteer pool, and of course the continual balance of fundraising to support the hundreds of animals in need. During the end of my first year in Vancouver, I was fortunate to spend part of my time managing the Surrey and Maple Ridge branches. Three years ago I took over as Manager at the Maple Ridge SPCA.

Everyone I have met is very welcoming and I am looking forward to my new position with the Ridge Meadows Hospice Society.

*Mark Vosper*

*Executive Director*

## In Memoriam Donations

October – December 2012

Lana Adams, Karl Bachmann, Ronnie Copak, Gerry Gulliford, Ron "Bud" Pratt, Bob Stokes, Mary Sullivan, Edna Trethewey, Robert Wilhelmson.

## Upcoming Events

### Raffle Tickets

We will be selling raffle tickets for a cash prize. Tickets are \$10 each and the 1st prize will be \$1000, 2nd - \$500 and 3rd - \$250. Tickets will be available for purchase from January 14 to May 12. The draw will take place at the Vistas Run.

### Vistas Run/Walk

16th Annual Vistas Run/Walk will be held Sunday May 12 at Kanaka Creek Regional Park. Watch for more details to come.

### Meat Draws at the Jolly Coachman

You can also support the Society by participating in the meat draws which are held every Saturday at the Jolly Coachman in Pitt Meadows, from 4-6 p.m. Please note that there will be no draws in the month of February only.



*Evening of Romance*



February 16, 2013. Doors open 5:30 pm  
12150 224th Street, Maple Ridge

Catered by Star Five Classic Country Catering

Dancing · Silent Auction · Raffle · 50/50 · Cash bar

Early bird/Seniors Tickets: \$30 Tickets after February 1: \$38  
ridgemeadowshospicesociety.com or 604.463.7722

SPONSORED BY THE NEWS

Tickets are available at the office and the thrift store.

## Thank You

We would like to thank the **Ridge Meadows Quilters Guild** for their generous donation that was presented to our Vice-President, Nathan Logue



Thank you to the **Ridge Meadows Seniors Social** group for their generous donation.

We would also like to thank the estate of **Robert Wilhelmson** for a very generous donation.

Thank you to the **Knights of Columbus (BC) Charity Foundation** for their recent donation.



(left) Society Vice-President, Nathan Logue receiving a donation from the Ridge Meadows Quilters Guild (above) Donation received from Scotiabank.

Thank you also to **Team Scotiabank** for their donation from volunteering at our Hoe Down selling 50/50 and raffle tickets. The dollars they raised were matched by Scotiabank. The donation was presented to Laura and Kristina by bank manager, Lynne Weber, Lindsey Norcross and Denise Penner.



## Recent Events

### Celebrate a Life



*Celebrate a Life — in memory of loved ones who have died.*



From November 13 to 15 we had our Celebrate A Life in Haney Place Mall and then moved the display to Valley Fair from November 16 to 19. Thank you to our volunteers who supported this event.

### Gift Wrapping



From December 19 to the 24 we hosted a gift wrapping booth at Haney Place Mall. Thank you to all the volunteers who gave of their time to help us. The event was very successful and raised \$1600 from donations.

### Hot Dog Sale



On November 24 our volunteers were at Mark's Work Warehouse to man the BBQ and prepare hot-dogs. Thank you to Mark's for providing all supplies for this event! \$564 was raised at this event.



## Volunteer Christmas Party

Our volunteer Christmas party was held on December 11 at Sunwood Senior's Living. It was a great get together and the most recent grads from the volunteer training were presented with their diplomas.

We also had a photo booth for volunteers to have some fun photos taken.



## Recent Events

### Time to Remember



Time to Remember was held at St. George's Anglican Church on December 5. Everyone who attended this special service appreciated it very much. Thank you to Reverend Doerksen, the Maple Ridge Choral Society, St. Patrick's School choir, the Logue family for creating the slide presentation, and to our volunteers who assisted with the evening.



## THANK YOU

We would not be able to have all these events if it were not for the great help we get from our volunteers! Thank you for all you do and give of your time.



## Thrift Store News

We wish to welcome Corinne Lyford the newest staff member at the hospice thrift store, Corinne is an Assistant Store Coordinator.

And please welcome our new volunteers; Jim, Alex, Andrea, Julie and Sasha.



*Drive by our store and see sales and other events advertised on our new sign.*

## 2013 Calendar

Calendar / agenda sales went very well! We still have some remaining. If you wish to purchase one, please contact the Society office. The price is now only \$5.00!



## We're Moving

As of February 1, 2013 the Society office will be moving. Our new address is **#102 - 22320 119 Avenue, Maple Ridge.**

The new office is one block south of where we are now and is next door to "The News" building.



## Ways to Consider Donating

- One-time gift
- Monthly gift – This is an easy, effortless, effective way to support the Ridge Meadows Society.
- Leaving a Legacy – Make a gift through a will or other gift planning instrument.
- CanadaHelps – CanadaHelps is an online fundraising organization that benefits Canadian charities and is now available through our website. All donors need to do is visit our



website [www.ridgemeanowshospicesociety.com](http://www.ridgemeanowshospicesociety.com) and click on the “You Can Help” tab then click on the CanadaHelps.org logo. Make your donation and then you will receive a tax receipt mailed to you directly from CanadaHelps.

- Visa – Simply call the Resource Centre and say you would like to make a donation on your Visa.



### Ridge Meadows Hospice Society Centre Address

#102 - 22320 119 Avenue, Maple Ridge

### Mailing Address

PO Box 11, Maple Ridge, BC V2X 7E9

Phone: 604.463.7722

Fax: 604.463.6358

E-mail: [contactus@ridgemeanowshospicesociety.com](mailto:contactus@ridgemeanowshospicesociety.com)

Web: [www.ridgemeanowshospicesociety.com](http://www.ridgemeanowshospicesociety.com)

### Thrift Store Address

#3 - 12011 224 Street, Maple Ridge, BC V2X 6B7

Phone: 604.463.7711

### Mission Statement

To provide compassion, support and care to patients and loved ones dealing with end of life experience, grief and mourning.

### Board of Directors

Norma Parker	<i>President</i>
Nathan Logue	<i>Vice-President</i>
Adrienne Dale	<i>Secretary</i>
Devon Daschko	<i>Treasurer</i>
Helen Gambling	<i>Director</i>
Darryl Lucas	<i>Director</i>
Gwen O'Connell	<i>Director</i>
Lindsay Norcross	<i>Past-President</i>

### Staff

Mark Vosper	<i>Executive Director</i>
Susanne Lamb	<i>Coordinator of Bereavement Support Services</i>
Lindsey Willis	<i>Coordinator of Palliative Support Services</i>
Kristina Murray	<i>Fund-Raising/Special Events Coordinator</i>
Dawn Burnett	<i>Office Assistant</i>
Paige Charron	<i>Thrift Store Coordinator</i>
Lara Amin	<i>Assistant Thrift Store Coordinator</i>
Kishwor Sedhai	<i>Assistant Thrift Store Coordinator</i>
Corinne Lyford	<i>Assistant Thrift Store Coordinator</i>

We acknowledge the financial support of the Province of British Columbia.

