

PROGRAM GOALS

- To provide a safe, supportive, and educational environment for children and youth experiencing grief and anticipatory grief.
- To use expressive arts such as storytelling, crafts, and play to encourage children and youth to process their grief.
- To deliver education, peer-support, and care to caregivers of grieving children and youth.
- To bring education and awareness on grief, anticipatory grief, and loss to the community.



Ridge Meadows
HOSPICE SOCIETY

Centre for Grief and Loss

MISSION STATEMENT

Providing
compassionate
support and
programs to
individuals and
families
experiencing death,
dying, grief and loss.

Contact Us



@hospiceRM

604-463-7722

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Registered Charity Number

BN: 11903 2019 RR00001

www.ridgemeanowshospicesociety.com



Ridge Meadows
HOSPICE SOCIETY

Centre for Grief and Loss

CHILD & YOUTH GRIEF SUPPORT

Providing education,
compassion, support, and
expressive arts to children
and youth experiencing
grief and loss

All services are free of charge and
confidential

WHAT WE OFFER

- One-to-One Support
- Age-Specific Grief Groups
- Resources, Education, and Support for Caregivers

GUIDING PRINCIPLES

- If someone is old enough to love, they are old enough to grieve.
- Children have the right to grieve in a safe, supportive, and educational environment
- RMHS gives children a safe place to process grief through expressive arts, play, and peer-support.

TOPICS MAY INCLUDE

- Feelings and Emotions
- Changes
- Grief
- Coping Skills
- Self-Care
- Supports
- Memories
- Honouring our loss



For information: please contact Madison,
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